

प्रश्न-पत्र बोर्ड द्वारा निर्धारित पुस्तकों से ही सैट किया जाएगा। कृपया अध्यापकगण बोर्ड द्वारा निर्धारित पुस्तकें ही पढ़ायें।

# DESIGN

## QUESTION PAPER

|                |          |  |                                |  |
|----------------|----------|--|--------------------------------|--|
| <b>Subject</b> | <b>:</b> | <b>Health &amp; Physical Education</b> |                                |  |
| <b>Paper</b>   | <b>:</b> | <b>1<sup>st</sup> Semester</b>         | <b>Annual or Supplementary</b> |  |
| <b>Class</b>   | <b>:</b> | <b>10<sup>th</sup></b>                 | <b>Year : 2012-13</b>          |  |
| <b>Time</b>    | <b>:</b> | <b>2½ Hrs.</b>                         |                                |  |
| <b>Marks</b>   | <b>:</b> | <b>60</b>                              |                                |  |

### 1. Weightage to Objectives:

| Objective           | K          | U          | A          | S    | Total       |
|---------------------|------------|------------|------------|------|-------------|
| Percentage of marks | <b>40%</b> | <b>35%</b> | <b>25%</b> | ---- | <b>100%</b> |
| Marks               | <b>24</b>  | <b>21</b>  | <b>15</b>  | ---- | <b>60</b>   |

### 2. Weightage to Form of Questions:

| Forms of Questions | E              | SA             | VSA            | O              | Total      |
|--------------------|----------------|----------------|----------------|----------------|------------|
| No. of Questions   | <b>03</b>      | <b>07</b>      | <b>06</b>      | <b>12</b>      | <b>28</b>  |
| Marks Allotted     | <b>15</b>      | <b>21</b>      | <b>12</b>      | <b>12</b>      | <b>60</b>  |
| Estimated Time     | <b>60 Min.</b> | <b>60 Min.</b> | <b>18 Min.</b> | <b>12 Min.</b> | <b>150</b> |

### 3. Weightage to Content:

|   | <u>Units/Sub-Units</u> | <u>Marks</u>     |
|---|------------------------|------------------|
| <u>Unit-A Health Education</u>  |                        |                  |
| 1. Sub-unit (a) Environmental Health  |                        | <b>14</b>        |
| 2. Sub-unit (b) Food and Nutrition  |                        | <b>14</b>        |
| <u>Unit-B Physical Education</u>  |                        |                  |
| 3. Sub-unit (c) National and International Sports:- National Games, Asian Games, Ancient Olympic and Modern Olympic |                        | <b>18</b>        |
| 4. Sub-unit (d) Patriotism, National Integration, National Anthem, National Flag and Festival                       |                        | <b>14</b>        |
| 5. _____  |                        | ---              |
| 6. _____  |                        | ---              |
| 7. _____  |                        | ---              |
| 8. _____  |                        | ---              |
| 9. _____  |                        | ---              |
| 10. _____   |                        | ---              |
| <b>Total</b>  |                        | <b><u>60</u></b> |

4. Scheme of Sections :                   X X X X
5. Scheme of Options : Internal Choice in long answer question i.e. essay type.
6. Difficulty level : Difficult :   10   % marks  
Average :   50   % marks  
Easy :   40   % marks

Abbreviations: K (Knowledge), U (Understanding), A (Application), S (Skill), E (Essay Type), SA(Short Answer Type), VSA (Very Short Answer Type), O (Objective Type)